



Sharing the Good News



Easter Triduum



Watch the meaning of the Holy Week in 3 minutes, from Busted Halo.

[WATCH: Holy Week in Three Minutes - Busted Halo](#)

*On behalf of the
communities
we serve,
a heartfelt*

Thank You.

IN SERVICE OF
GOD'S PLAN
FOR OUR
COMMUNITY

Rest in peace Father Robert Assaly

REST IN PEACE

FATHER ROBERT ASSALY

*An incredible life sparked by kindness and joy
To his family, and brothers and sisters in Christ,*

*Our deepest condolences for the loss of
Father Robert.*

*To us, he will be remembered for his boundless
generosity and irresistible humor.*

*As a board member to Catholic Action,
Father Robert contributed his wisdom and
humour time and time again.*

He will be dearly missed.

CATHOLIC ACTION MEMBERS
AND VOLUNTEERS



Looking for a Lenten Project

Help the Homeless & Newcomers

Are you looking to make a difference this Lent? Something tangible?

After meeting with some of our partners there are some important shortages in their organizations that serve the homeless and asylum seekers.

The needs are very specific. Do not offer items they do not ask for so their volunteers do not have to sift through unwanted or damaged goods.

Perhaps get together with friends or maybe make it a parish project.

If you want to deliver your donations yourselves please do.

If you would like Catholic Action to deliver them, please email: jwong@catholicaction.ca



Welcome Collective help asylum seekers start their lives by offering free furniture and household items and clothing etc. Their current needs are:

Bedding and blankets, towels, pots and pans, school supplies and backpacks, winter coats and boots, especially large sizes.

<https://www.welcomecollective.org/en/donate>



Chez Doris is the only women's shelter in Montréal offering 24/7 service. They strive to meet their needs in an inclusive and non-judgmental environment. Their current URGENT needs can be found here:

<https://www.chezdoris.org/en/get-involved/donate-items/>



Nazareth Community, a non-for-profit organization (Ville Marie district) provides housing with support for individuals who struggle with mental health issues, homelessness, trauma and addictions. We all know how expensive things are at the grocer these days. **They have a shortage of ground coffee.**



Catholic Action and me – they changed my life!



Catholic Action & me



Catholic Action and me

By Elizabeth Tollfree

Chat GPT is a very sophisticated, artificial intelligence machine that is currently, the new darling of our technological age. It can write brilliant essays, stories, Shakespearean sonnets, and poetry, compose music, create art, and even religious sermons. Its information is extraordinary, we can turn to it for academic help, and in spite of all this, it is still just a machine!

This shining new “god”, in spite of its universal knowledge, even if it gained the whole world, is incapable of what makes us human. It doesn't feel or care. It has no compassion or empathy! It is very clever, but with no emotion. It cannot see or feel or touch the soul of humanity. In other words, it is incapable of love.

But we are humans, we have emotions, intelligence, and free will. Each one of us is an eternal soul. Chat GPT cannot give of itself (what self?) and obey the commandments of Christ to love one's neighbour as oneself. Oh yes, Chat GPT can analyze but it cannot do or compare to such an organization as Catholic Action Montreal. Why? Because it does precisely and practically put that divine commandment into action and practice, they forget self, to serve the other. Catholic Action acts by serving Christ through our neighbour.

I know this because I have had personal experience of what I am writing of and of the people who have come into my life and changed it, through their selfless actions. I speak of Judy, who literally changed my perspective on life! Cathy, who is the epitome of selflessness, a beautiful soul. Kathleen Rose and Jeremy, going out of their way, despite heavy and exacting workloads, to assist me practically and thoughtfully through their charity. Jaen, who has consistently given me of his time to teach me the tablet, which has opened horizons of interests and information. Arlene and Chantal from SASMAD who introduced me to Catholic Action through Cathie. Their humour and witty intelligence have carried me through turbulent times. These truly Christian people have changed my life. They ask for nothing, they serve Christ in action to others.

Can you replicate that, Chat GPT? Oh, it can give its clever replies, but it can never replace human beings. It cannot love, but we can for we are all made in the Image of God, and it is not.

Elizabeth Tollfree
March 1993



Meet Mission Youth from Hamilton, Ontario.



Catholic Action was invited to collaborate with this group of youths, from Youth Mission Hamilton, [Hamilton \(missionyouth.com\)](http://missionyouth.com) led by Father Adam Zettel. They were in Montreal, during their March break serving our homeless and volunteering in other capacities with some of our partners.

Following the Late Sunday mass on March 12th, celebrated by Father Raymond Lafontaine, myself and other Catholic Action volunteers, met with the group at St. Willibrord's parish. They were very excited to meet our Episcopal Vicar. After learning a little more about their mission, Father Adam asked Father Ray for a blessing for the group.

It was a joyful encounter, with very enthusiastic youths doing the Lord's work.

More Mobility for our Seniors BREAKING ISOLATION

Catholic Action received a generous amount of walkers, shower seats, and canes to improve the mobility of our seniors, on a limited budget.

We offered them out to the senior centres around the city. We delivered them to Yellow door, the Council for Black Aging in LaSalle, the Eva Marsden low cost housing group, Bountiful Blessings and a few individual deliveries.

Needless to say we received many words of thanks and appreciation. One man we met was literally walking doubled over. Once he had his walker, he was able to stand straiter and see in front of him, he was beaming with gratitude.



to me ▼



THE COUNCIL FOR BLACK AGING
COMMUNITY OF MONTREAL INC.

Hello Judy!

Thank you so much for the walkers and canes you delivered! Our members are grateful for your act of kindness.

SIMPLE BUT IMPORTANT WORK

We had a request this month for a faith based grief counselor, We have one in our pool of volunteers.

We received these words of gratitude:

We are very grateful for your support.

Thank you for your kindness.



The wheels on the bus go round and round!



Sortie du printemps à la Cabane à Sucre
de la Famille Constantin à Saint-Eustache
Les ami/es du Café-Rendez-Vous-Y
du YMCA du Parc - 22 mars 2023

G/N/W

The bus keeps rolling along, offering seniors a chance to experience the city and special outings. Above, a senior group from Park Ave., area enjoyed the treats at a Cabane a Sucre.

This month we served seniors, and faith communities.

Seniors went shopping, we assisted the ladies attending the Montreal Women's Day Retreat, "Walking Together In Hope", brought seniors to Concordia for a special event, bringing smiles of appreciation all around

Late Sunday Mass ALSO the Last Chance Mass— please join us



We are celebrating both Palm Sunday and Easter Sunday.

If work, and or other commitments keep you away from your regular celebration, we are here for you.

It is never too late to celebrate Our Lord!



"Lent is not about becoming perfect, but rather it is about growing in your faith."

*Lent...
the Tridium is coming
Please join us Easter Sunday*

**Will you miss your regular Sunday celebration?
We are here for you, it is never too late to
"Celebrate Our Lord"
Please join us at
8:00 PM
St. Willibrord Parish,
351 Rue Willibrord, Verdun, QC H4G 2T7**

Diocesan Employment Opportunities



Webmaster and Web Designer: <https://www.diocesemontreal.org/en/lets-connect/job->



Coordinator for Lay Pastoral Personnel: <https://www.diocesemontreal.org/en/lets-connect/job-postings/coordinator-lay-pastoral-personnel>

Bible Trivia The Triduum Edition



Bible Trivia Triduum Edition



- 1. Where did the Agony of the Garden take place?**
- 2. What did Pilate's wife counsel him to do concerning Jesus?**
- 3. Which disciple cut off the ear of the high priest's servant to protect Jesus from being taken as a prisoner?**
- 4. In John 19 two men helped prepare the body of Christ for burial, who are they?**
- 5. When Jesus died there was darkness in the land. How long did it last?**
- 6. What happened in the Temple as a sign that the death of Jesus had made way for the individual believer to approach God?**

Click below for the answers:

[Bible Trivia – Catholic Action Montreal](#)

Please help us – Join one of our committees

We are grateful for your spirit of community!

Your gifts would be welcomed as we begin our strategic journey. Please consider joining one of these committees we are creating that will align with our strategic goals. Working with a board member, we have these options that will allow you to “Use Your Gifts to Serve Your Neighbour”

Not sure you have what it takes? Give it a try and let the Holy Spirit do the rest as we collaborate and inspire each other in service of Our Lord.

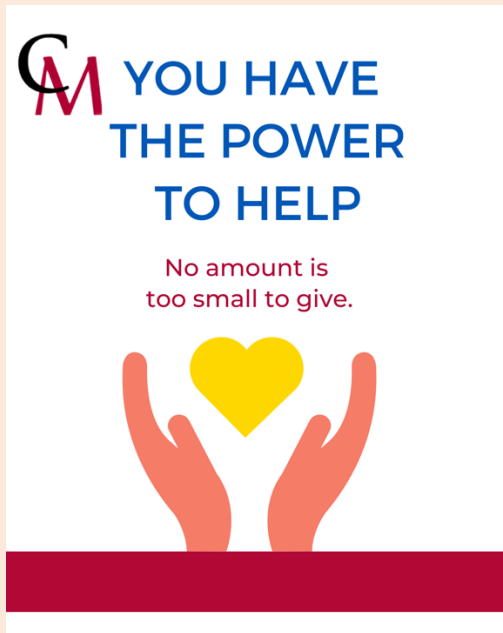
Membership – *Calling and updating the membership list, sharing our message with other parishes and organizations.*

Fund raising – *Building and implanting a fund-raising plan*

Communication – *Using your creative gifts – help us to make sure our messaging is clear.*



*Lent includes – ALMS giving.
Please consider a monthly donation – Help us continue
our service to those in need! Click on the link below ☺*



How we have helped this year:

- † Ukrainian families find homes
- † Ukrainian Children have fun at Daycamp and learn at Daycare
- † Afghan women get free from the Taliban
- † English speaking senior groups break isolation with local trips to grocery stores, shopping, museums, camp, etc.
- † Challenged adults go to Camp Kinkora
- † Momentum Single Mothers – various projects
- † Found OBGYN services for a student with no insurance or money
- † Found and set up and took a newborn with hip dysplasia get services at the Shriners hospital from full brace to no brace (above)
- † Many service for the homeless, the hungry.
- † Partnered and collaborated with many community groups.

[Please DONATE - Catholic Action Montreal](#)

or

[Membership Join or Renew below - Catholic Action Montreal](#)

HELP US
help others.



*The term 'Charity' is an old-fashioned notion often generating pity.
"We are a Catholic organization, and we don't want pity, we want partners to do the
Lord's work."*

Please consider Catholic Action in your annual charitable giving budget

NEW** we are now able to receive gifts of shares

Contact jwong@catholicaction.ca for more info

Help us to continue helping others in Jesus' name.

God Bless!

<https://catholicaction.ca/give/>

